

School of Psychology, Speech & Hearing

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# Cleft Clinic Pilot Information Sheet for clinician participants

Kia ora,

You are invited to participate in a research study to understand the impact receiving or not receive Clinical Psychology services has on patient-reported quality of life. This study is being conducted by Kenny Ardouin from the University of Canterbury I Te Whare Wānanga o Waitaha. Other research team members include Phoebe Macrae (Senior Supervisor & Speech Language Therapist, University of Canterbury), Tika Ormond (Speech Language Therapist, University of Canterbury) and Nicola Stock (Psychologist, University of the West of England). The study is being carried out as a requirement for a Doctor of Philosophy degree (PhD).

#### What is the purpose of this research?

This research aims to determine if people feel differently about themselves after receiving speech language therapy treatment for cleft, and whether people who also receive psychology treatment at the same time report feeling more different about themselves than people who just receive speech language therapy. The information from this study will help to decide whether routine access to Clinical Psychology alongside existing cleft care should or should not be offered to all patients with cleft in the future.

# Why have you received this invitation?

You are invited to participate in this research because you are a Speech Language Therapist (or student), or a Clinical Psychologist (or student) providing treatment to clients in the UC Cleft Clinic.

Your participation in the study is voluntary (your choice). If you decide not to participate in the study, there are no consequences. Your decision will not affect your relationship with me, the University of Canterbury, any member of the research team, or your studies.

## What is involved in participating?

If you choose to take part in this research, you will be invited to participate in a 30-minute interview with the lead researcher (Kenny Ardouin) at the completion of your placement or employment with the Cleft Clinic. You will be invited to discuss your experience of the clinic, the presentation of the clients you saw, and your thoughts on how useful you found the patient reported outcome measures that your clients completed.

#### Are there any potential benefits from taking part in this research?

By participating in the clinic, you have a unique placement/clinical opportunity to gain expertise and skills with working with cleft.

#### Are there any potential risks involved in this research?

There are no anticipated risks to you by being involved in the study. No-one on the research team will be involved with your teaching or assessment within your clinical paper. Your Clinical Educator understands the research project, but is independent to the interview. You are free to discuss any concerns you may have

regarding the research with them in a confidential manner.

#### What if you change your mind during or after the study?

You are free to withdraw at any time. To do this, simply advise that you do not wish to participate in the interview. If you have already participated in the interview and wish to have your data removed, please email <a href="mailto:kenny.ardouin@pg.canterbury.ac.nz">kenny.ardouin@pg.canterbury.ac.nz</a>, and ask for your data to be removed. Please note: once data analysis begins in October 2023, it may no longer be possible to remove your individual data.

## What will happen to the information you provide?

All data will be kept confidential and won't be shared with your employer/clinical supervision team (unless you specifically instruct us to do so). Your interview will be voice recorded to enable it to be transcribed. Following transcription, your audio file will be immediately destroyed. The transcription will be sent to you via email within 4 weeks of your interview, and you will then have a further 3 weeks to make any desired amendments. All data will be stored on the University of Canterbury's computer network in password-protected files.

All data (except for the audio files which will be destroyed immediately after transcription) will be destroyed 10 years after completion of the study/publication of study findings. I will be responsible for making sure that only members of the research team use your data for the purposes mentioned in this information sheet.

### Will the results of the study be published?

The results of this research will be published in a Doctoral thesis. This thesis will be available to the general public through the UC library. Results may be published in peer-reviewed, academic journals. Results will also be presented during conferences or seminars to wider professional and academic communities. Quotes from you may be included in these publications, however they will be presented anonymously, and you will not be personally identifiable in any publication.

I will send a summary of the research to you at the end of the study, if you request this.

## Who can I contact if I have any questions or concerns?

If you have any questions about the research, please contact: Kenny Ardouin: <a href="mailto:kenny.ardouin@pg.canterbury.ac.nz">kenny.ardouin@pg.canterbury.ac.nz</a>; or for any concerns, please contact Phoebe Macrae: <a href="mailto:phoebe.macrae@canterbury.ac.nz">phoebe.macrae@canterbury.ac.nz</a>.

This study has been reviewed and approved by the University of Canterbury Human Research Ethics Committee (HREC). If you have concerns or complaints about this research, please contact the Chair of the HREC at human-ethics@canterbury.ac.nz.

# What happens next?

If you are happy to be involved, please complete the attached consent form and hand the consent form back to the researcher.